



**Being an educator
is being myself**

Holistic View of Education.



**Ana María González Garza
Mexico City - 2010**



General Topic

This project is not a program to be applied directly to children but to teachers, parents and childcare takers since its basic thesis sustains that educator's level of consciousness has a significant impact in children's biological, psychological, social and spiritual development.





The Problem



From a holistic perspective, the problem to undertake was to include the spiritual dimension evolution in the three years mandatory program for pre-school education in Mexico.

For the last six years this program includes six areas: personal and social growth, language and communication, mathematical thinking, exploration and knowledge of the world, artistic expression and appreciation, physical fitness and health.





Research Goals



Support, defend and speak in favor of the significance and the implications that the evolution of educator's consciousness have in early childcare and education.

Provide opportunities for personal and professional expansion as well as encourage constant self-development of educators.

Promote awareness about our mission and responsibility in the world.




Actions and steps



1. I worked on the design, production and edition of a handbook, as an instrument of self-growth and consciousness evolution, directed to any person involved in childcare and education.



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2. Distribution of the handbook as well as verbal and written information of the project to authorities of the Ministry of Education in Mexico City and Nuevo Leon as well as various institutions directed to work with and attend preschool and childcare professionals as well as parents.
 3. Four 32 hours training programs for educators and five 12 hours workshops for psychologists and teachers, based on the holistic approach to childcare and education.





4. Active participation in five conferences on human growth and education and the distribution of the handbook for its evaluation, between all the participants in workshops and conferences.
5. Revision and changes to the handbook based on the feedback received from 320 applied polls.





Handbook Contents



The handbook includes two parts:

- I. Theoretical: The fundamentals and principles of holistic education
- II. Practical: Includes exercises to provide self-discovery, self-acceptance, human integral growth, self-actualization and creativity.



HANDBOOK EVALUATION

Population



86

Volunteers from the Mexican Association for the support of children with cancer.

63

Montessori University Students

106

Educators from diverse institutions in Monterrey, Nuevo Leon.

31

Supervisors of the Ministry of Education in Mexico City

18

Educators and therapists from Morelia.

16

Teachers from the Lasalle Kindergarten in Mexico City.

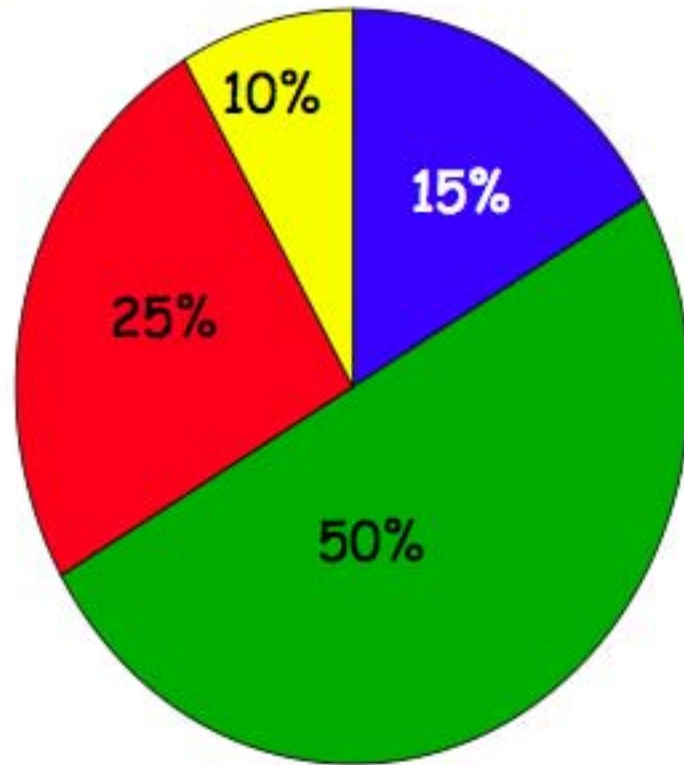


Gender: 53 men
267 women

Total: 320 polls



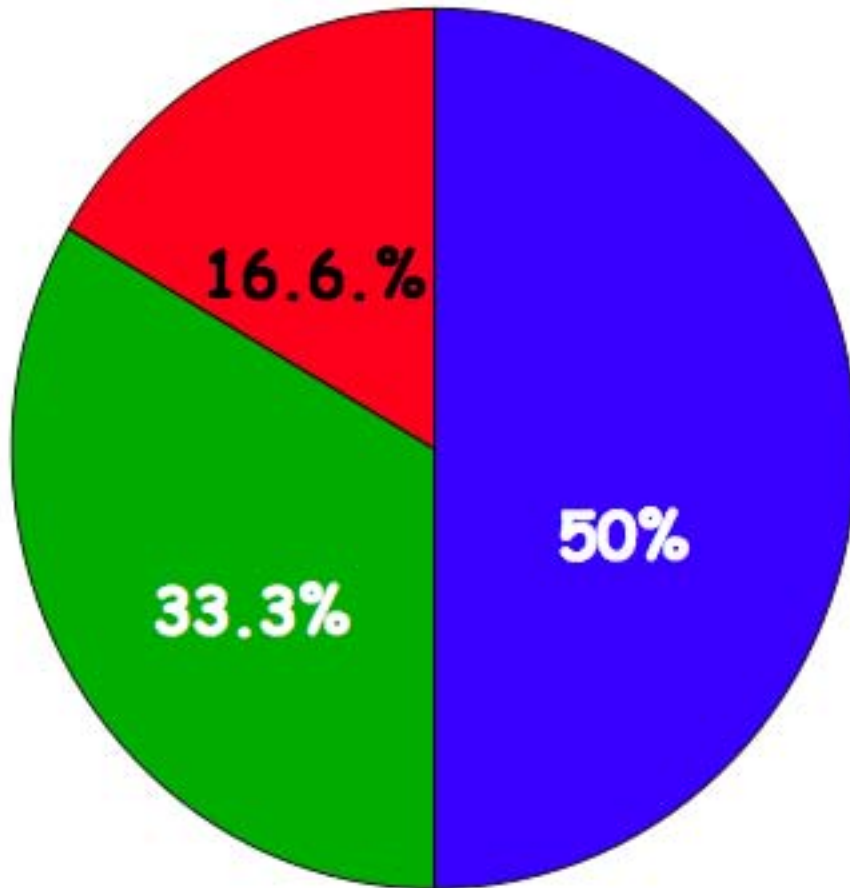
POPULATION AGE STATUS



50%	20 - 40
25%	41 - 50
15%	51 - 55
10%	56 - 70



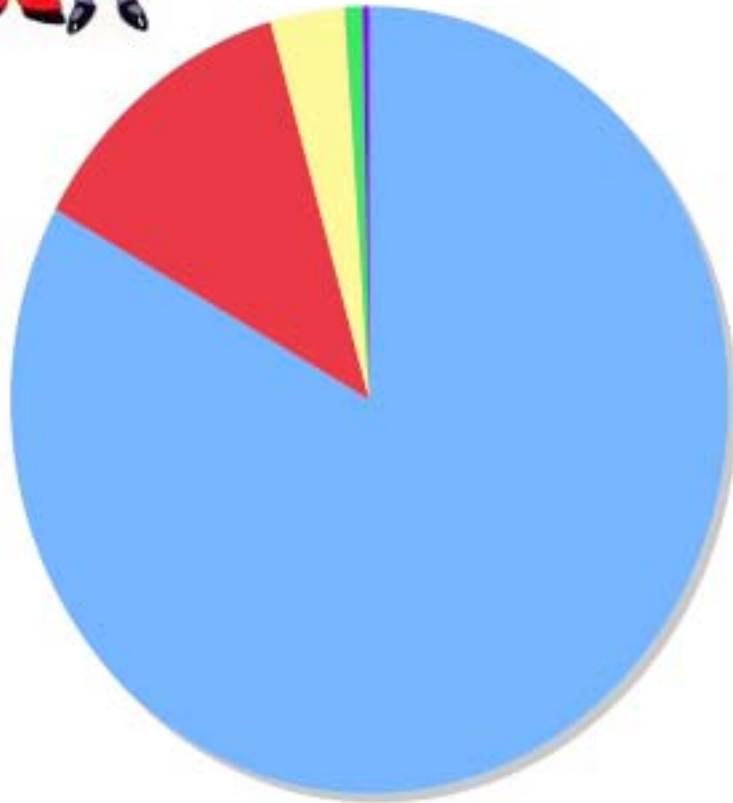
ACADEMIC LEVEL



-  Bachelor's degree
-  Master's degree
-  Postgraduate studies.



Handbook General Evaluation



82.9%

Excellent

12.7%

Very Good

3.3%

Good

0.81%

Average

0.18%

Poor



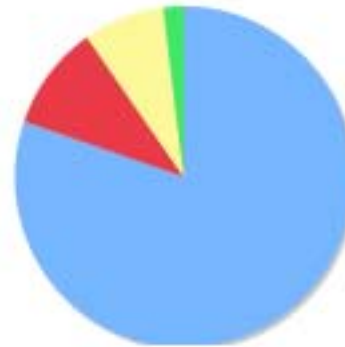
Morelia
Teachers



Ministry of
Education
Supervisors



La Salle
Teachers



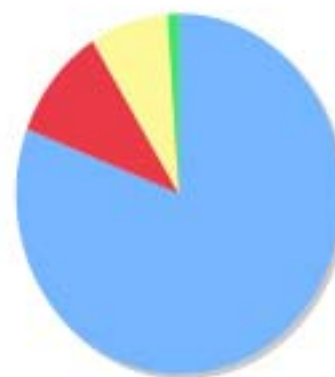
Social
Workers



Montessori
University



Monterrey
Educators



Advocacy

Contact and work with diverse institutions interested and in favor to support and promote different activities and programs on Holistic Education.



Mexico City

Special Interest:

- Director of Educational Innovation at the Ministry of Education.
- The Mexican Association of Montessori Education.
- Association of Human Growth and Development (ADEHUM)
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The Ministry of Education in the State of Nuevo Leon asked me to design a Specialty Program on Holistic Education based on the Handbook's theory and practice, as well as some workshops for psychology and education university students.

Monterrey Nuevo León.
Mexico



Saltillo, Coahuila.
Mexico



The Director of the Iberoamericana University has special interest in these same programs for the students of the master's degree program in education and human development.





These same programs will be opened for the students of the Montessori University

Leon, Gto.



These same programs on Holistic Education will be opened for the students of the Institute of Humaninstic Psychology.

Morelia, Mich.

Future Actions and Steps

Next October I will start two workshops for educators, one in Monterrey, N.L. and the other in Saltillo Coah.

Next January the five specialty programs will open in the States of Leon, Gto. Monterrey, N.L., Saltillo, Coah., Morelia. Mich. and Mexico City.

We are looking forward to find an editor interested in the publication of the handbook in Spanish and if it is possible in English.



Follow up the actions directed to promote Holistic Education in the Ministry of Education in Mexico City.

Next January the La Salle Community has special interest to promote: workshops, seminars, courses and study sessions on holistic education for their professors and teachers in Mexico.

Find out if it is possible to promote this approach to Education with the social workers of the DIF (Family Integral Development) that is the national program for family integration.



Conclusion



My conclusion is that there is a very long way to go in Mexico to promote the basic goals of this project that basically, as I mentioned before, are:

- To support, defend and speak in favor of the significance and implications that the evolution of consciousness has not only in early childcare and education but in every ones life and work.
- To asume awareness that every human action has a very strong impact not only in the people around us but in the whole human community.



I want to thank the Global Leaders Forum:
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support you all gave me to work
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