Exchange Resources for Professional Development

You know Exchange as the leading magazine for early childhood professionals. Exchange is also a leading provider of professional development resources for teachers and administrators in early childhood, Pre-K, Head Start, school-age, and infant-care settings. In addition, Exchange materials are widely used by college instructors and trainers in R&R agencies.

Here you will find a comprehensive list of Exchange professional development resources organized into ten typical core competencies.

Want to know more?

If you are viewing this document online, click on any red icon for more information.

If you are viewing a print version of this document, visit www.ChildCareExchange.com for more information.

If you have questions, call (800) 221-2864 or send email to info@ChildCareExchange.com
Exchange Resources Key

Exchange offers a wide variety of resources for quality enhancement for use by program directors, teachers, college instructors, and trainers.

**Beginnings Professional Development Workshop Units**
- 16-page staff development on curriculum topics
- Authored by top experts
- Over 116 topics available
- Available in books organized by topic

**Exchange Articles on Demand**
- Online library of 2,300 articles
- Immediate access
- Covers virtually all topics
- Invaluable for staff development

**Voices DVDs**
- Candid conversations with leaders in the field
- Ideal for workshops and courses
- Generate lively discussions
- Inspire, motivate, provoke new thinking

**Exchange Magazine**
- Bimonthly publication for program administrators
- Addresses real-world management challenges
- Practical articles by recognized experts
- Inexpensive ongoing tool for quality enhancement

**Out-of-the-Box Training Kits**
- Ready-to-present staff trainings
- Over 78 topics
- Step-by-step instructions for preparation, delivery, evaluation
- Save preparation time and money

**Exchange Essentials**
- The most critical information
- Inexpensive PDF collections
- Most popular articles
- Perfect for staff development

**Exchange Course Builder**
- Create/distribute reading lists
- No copies to make
- No reprint permissions
- Low cost to students

**ExchangeEveryDay**
- Electronic newsbrief
- Concise, easy to read
- ECE trends and news
- Free upon request

**Continuing Education Units**
- Over 20 modules
- For teachers and administrators
- Self-paced, online program
- Credit through University of Wisconsin-Stout

**Learning Moments**
- See what children know
- Real-world video clips
- Organized by topic on CD
- Perfect for workshops and courses

2 VIEW ALL EXCHANGE RESOURCES AT www.ChildCareExchange.com
Health, Safety, Nutrition, Physical Development

PRINT RESOURCES

Books:
Big Body Play: Why Very Physical Play Is Essential to Learning

DIGITAL RESOURCES

Beginnings Professional Development Workshop Units:
Caregiver Health and Safety
Child Nutrition
Child Sexual Abuse
Children’s Mental Health
Fitness and Health
Food and Young Children

Out of the Box Training Kits:
Becoming a Sun-Safe Early Care and Education Center
Breastfeeding Promotion in Early Care and Education
Exclusion of Children with Fevers from Child Care
Hand Hygiene in Early Care and Education
Maintaining a Hygienic Environment — Six Tips for Germ Control
Nutrition and Child Development
SIDS — Saving Babies in Our Communities
Who Needs the Mess? Family-Style Meals

Exchange Essentials:
Nutrition and Childhood Obesity
The Power of Nature to Nurture

Continuing Education Units:
Food and Nutrition Challenges
Maintaining a Safe Environment

VIDEO RESOURCES

Turn-Key Training
Preventing Obesity and Promoting Wellness in Early Childhood Settings

Turn-Key Training will give early childhood educators the knowledge base and practical strategies they need to cause change that will benefit young children and their families for the rest of their lives.

This comprehensive, self-contained professional development resource is comprised of 14 interactive one-hour lessons on DVD. Discussion questions, extension activities, and off-line resources for each lesson available.
Learning Environments

PRINT RESOURCES

Books:
- Caring Spaces, Learning Places
- Environments — A Beginnings Professional Development Workshop Book
- Go Green Rating Scale for Early Childhood Settings
- Growing With Nature — Supporting Learning in Outdoor Classrooms
- Heart-Centered Teaching Inspired by Nature
- Inspiring Spaces for Young Children
- Learning With Nature Idea Book
- Natural Playscapes
- Places for Childhoods: Making Quality Happen in the Real World
- Rating Observation Scale for Inspiring Environments (ROSIE)

DIGITAL RESOURCES

Beginnings Professional Development Workshop Units:
- Block Play
- Building a Classroom Culture
- Curriculum and Nature
- Environments
- Environments and Special Needs
- Environments to Engage Children
- Infants
- Learning Materials
- The Nature of Play
- Outdoor Environments
- Room Arrangement
- Space
- Tools
- Transitions
- Water

Out of the Box Training Kits:
- Block Play — It’s Not Just for Boys Anymore
- Building Spaces — Finding Words
- Children in Times Square? Sensory Overload to Sensory Engagement
- Cultivating Compassionate Classrooms
- Designing and Creating Natural Play Environments
- Empowering Images — Using Photography as Visual Literacy
- Infants’ and Toddlers’ Learning Environments
- Learning Materials for Children of All Abilities
- Nature Swap — Art Tools Go Green!
- Play and the Outdoors
- Recycled Materials
- Supporting Constructive Play in the Wild
- The View from the Door — Inviting Children In
- Using the Power of Nature to Help Children Heal
- Using Your Senses to Adapt Environments

Exchange Essentials:
- Advocating for Play
- Creating Outdoor Environments

Observation, Assessment, and Documentation

PRINT RESOURCES

Books:
- Little Kids, Big Worries: Stress-Busting Tips for Early Childhood
- Powerful Interactions: How to Connect with Children to Extend Learning

DIGITAL RESOURCES

Beginnings Professional Development Workshop Units:
- Action Research
- Assessment and Documentation
- Observation and Assessment
- Observing Children
- Power of Questions
- Research
- School Readiness

Out of the Box Training Kits:
- An Introduction to Action Research
- Assessing Mathematical Learning
- Mealtime Observation
- Observation — The Primary Tool in Assessment
- The Power of Observation
- Seeing How Children See Us
- What Assessment Means to Early Childhood Educators

Exchange Essentials:
- Child Assessment
- Observing Children — Part 1
- Observing Children — Part 2

Continuing Education Units:
- Evaluating Early Childhood Programs
- Observation

VIDEO RESOURCES

Voices: Child Assessment

Learning Moments:
- Playspaces that Support Learning
PRINT RESOURCES

Books:
- Expect Male Involvement: Recruiting and Retaining Men in ECE
- Family Child Care Business Planning Guide
- Go Green Rating Scale for Early Childhood Settings
- The Play's the Thing — Teachers Roles in Children's Play
- Program Administration Scale
- Powerful Interactions: How to Connect with Children to Extend Learning

DIGITAL RESOURCES

CD Books:
- MarketMate — Marketing Tools for the Early Childhood Center
- Taking Stock — Tools for Evaluating Programs, Teachers, and Children

Beginnings Professional Development Workshop Units:
- Advocating for Play
- Child Care in Unique Environments
- Children's Rights
- Field Trips
- Future Think
- Marketing and Children
- Media Culture
- Multi-Age Care
- Play and Culture
- Projects and Themes — Part 1 and Part 2
- Rethinking Celebrations
- Rituals and Manners
- Rules and Routines
- School-Age Care
- School-Age Summer Programs
- Special Places for Children — Schools in Reggio Emilia
- Transitions
- The Value of Play

Out of the Box Training Kits:
- Docia Shares a Story about Making Rules
- Eliminating Transitions = Eliminating Chaos
- Promoting Healthy Development in the Consumer Culture
- Programs for Vulnerable Children
- The Project Approach in the Early Years

Exchange Essentials:
- Crafting an Inclusive Curriculum
- Inspiring Practices — Part 1
- Measuring Program Quality and Staff Performance
- Mentoring
- Perspectives on Change

Continuing Education Units:
- Marketing Strategies for Your Center
- Reggio Emilia Learning Experiences
- Trends in Early Childhood Education

DOWNLOAD RESOURCES

Downloadable Book:
- Constructive Play

Beginnings Professional Development Workshop Units:
- Anger
- Applying Brain Research
- Brain Research
- Building Self-Image
- Caring for Infants and Toddlers
- Compassion
- Dispositions
- Gender Issues
- Humor
- Imagination

Out of the Box Training Kits:
- Brain Research and Its Implications for Early Childhood Programs
- Brain Research — Bright Beginnings for Babies
- Recognizing the Essentials of Developmentally Appropriate Practice
- The Impact of Sensory Integration on Behavior
- Understanding Anger of Children

Exchange Essentials:
- Children with Challenging Behavior — Part 1 and Part 2
- Promoting Creativity in Children

Continuing Education Unit:
- Brain Research Implications
Print Resources

Books:
Beginnings Professional Development Workshop Books:
  - Curriculum — Art, Music, Movement, Drama
  - Play
Connecting — Friendship in the Lives of Young Children and Their Teachers
Hearing Everyone’s Voice — Educating Children for Peace and Democracy
Modeling with Children Under Six Years Old
Seen and Heard — Children’s Rights in Early Childhood Education
Teaching Four-Year-Olds — A Personal Journey
You Can’t Say You Can’t Play

Digital Resources

CD Book:
  - Promoting the Value of Play

Beginnings Professional Development Workshop Units:
  - Acting Against Violence
  - Art
  - Art Experiences
  - Building Character
  - Circle Time
  - Creative Dramatics
  - Meaningful Work
  - Motivation
  - Music
  - Nurturing Optimism
  - Peer Influence
  - Perspectives on Discipline
  - Positive Behavior Strategies
  - Power of Stories
  - Power Struggles
  - Talent and Passion
  - When Children Are Difficult

Out of the Box Training Kits:
  - Braking Our Impulses — Shifting Gears to Positive Discipline
  - Building Character Through Community Services
  - Facilitating Collaborations Among Children
  - Fortune Cookie Philosophy — Motivation and Young Children
  - Granting Children Their Emotions
  - Hard Joys — Managing Behavior with a Creative Mind and a Playful Spirit
  - Infants Don’t Pretend Do They? — Seeds of Dramatic Play
  - Instructive Discipline is Built on Understanding
  - Learning Through Music — The Support of Brain Research
  - Meaningful Work for Young Children
  - Not in Praise of Praise
  - Positive Strategies for Children with Sensory Integration Challenges
  - Reality Bites — Biting at the Center
  - Saying I’m Sorry
  - Sparking Imagination
  - Supportive Social Learning
  - Time Out — How It is Abused
  - What’s So Positive about Positive Discipline?

Digital Resources

Exchange Essentials:
  - Caring for Infants and Toddlers
  - Children with Challenging Behavior

Continuing Education Units:
  - Making Play Work
  - Managing Challenging Behaviors
  - Serving Children with Special Needs
  - Social and Emotional Development

Video Resources

Learning Moments:
  - Children Dealing with Frustrations
  - Children with Learning Challenges
  - Learning Through Play — Age 0 - 3 Years
  - Learning Through Play — Age 3 - 5 Years
  - Outdoor Play
  - How Infants Learn

Voices:
  - Caring for Infants and Young Toddlers
Professional Development and Leadership

PRINT RESOURCES

Books:
The Art of Leadership
Circle of Influence — Shared Decision Making and Participative Management
Conversations on Early Childhood Teacher Education
Great Place to Work: Creating a Healthy Organizational Climate
The Intentional Teacher: Choosing the Best Strategies for Learning
Learning to Lead: Effective Leadership Skills for Teachers of Young Children
Managing Money — A Center Director’s Guidebook
Not Just Small Change — Fund Development for Early Childhood Programs
Places for Childhoods — Making Quality Happen in the Real World
The Play’s the Thing — Teachers Roles in Children’s Play
Practical Solutions to Practically Every Problem
Professionalism — A Beginnings Professional Development Workshop Book
Staying on Course — The Early Childhood Board’s Guide to Success
Targeted Leadership: Building a Team That Hits the Mark

DIGITAL RESOURCES

CD Book:
The Art of Leadership

Downloadable Book:
Does Your Team Work?

Beginnings Professional Development Workshop Units:
Being Teachers
The Intentional Teacher
Mentoring
Professionalism
Technology

Out of the Box Training Kits:
Choosing Courage in a Climate of Fear
How Do I Relate and Share Professionally?
An Organized Environment Markets Your Program

Exchange Essentials:
Building an Effective Team
Dealing with Difficult People
Evaluating Teacher Performance
How to Motivate Staff
Leadership Challenges

Continuing Education Units:
Communication
Early Childhood Ed. Leadership Issues
Leadership in Early Childhood
Managing Money
Marketing Early Childhood Services

VIDEO RESOURCES

Voices:
Building Enrollment
Supporting Teacher Performance

Language and Literacy

PRINT RESOURCES

Books:
Literacy — A Beginnings Professional Development Workshop Book

DIGITAL RESOURCES

Beginnings Professional Development Workshop Units:
Bilingual Education
Building Literacy
Conversations with Children and Adults
Dual-Language Learners
Language and Literacy
Multi-Language Programs
Talking
Young Children and Writing

Out of the Box Training Kits:
A Joyful Journey to Literacy
Conversations with Children
Encouraging Early Writing
Using Sign Language as a Tool to Communicate

Continuing Education Unit:
Literacy in the Early Years
Supporting Language Diversity

VIDEO RESOURCES

Learning Moments:
Art as Literacy

VIEW ALL EXCHANGE RESOURCES AT www.ChildCareExchange.com
Cognitive Development, Math, Science

PRINT RESOURCES
- Books:
  - Beginnings Professional Development Workshop Book: Curriculum — Brain Research, Math, Science
  - More Than Numbers — Mathematical Thinking in the Early Years

DIGITAL RESOURCES
- Beginnings Professional Development Workshop Units:
  - Construction
  - Differences in Math
  - Numbers and Math
  - Numbers and Math — Part 2
  - Science
  - Science — Using the Outdoors
  - Supporting the Development of Scientific Thinking
- Out of the Box Training Kits:
  - Assessing Mathematical Learning
  - How Children Build Their Understanding of Numbers
  - Out of the Box Training Kit: Math in Early Childhood
- Continuing Education Unit:
  - Math in the Early Years

Families and Community Partnerships

PRINT RESOURCES
- Books:
  - Dragon Mom
  - How Does It Feel? Child Care from Families’ Perspectives
  - Parent Relations — Building an Active Partnership
  - Top Ten Preschool Parenting Problems
  - Mind in the Making: The Seven Essential Life Skills Every Child Needs
  - Dance with Me in the Heart: Guide to Great Infant-Parent Relationships

DIGITAL RESOURCES
- Beginnings Professional Development Workshop Units:
  - Building Community
  - Collaboration
  - Engaging Parents
  - Environments with Families in Mind
  - Meeting the Needs of Today’s Families
  - Parent Conferences
  - Parent Involvement
  - Supporting Multiracial Children and Families
- Out of the Box Training Kits:
  - Belonging — Including Children of Gay and Lesbian Parents
  - “But They’re Only Playing” — Interpreting Play to Parents
  - Family Conferencing — Asking and Listening
  - Family Conferencing — Developing Trust
  - Making Families Welcome
  - Preparing Parents for Change
- Exchange Essentials:
  - Building Collaborations
  - Communicating Effectively with Parents
  - Working with Parents
- Continuing Education Units:
  - Involving Parents in Your Program
  - Working with Parents

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